

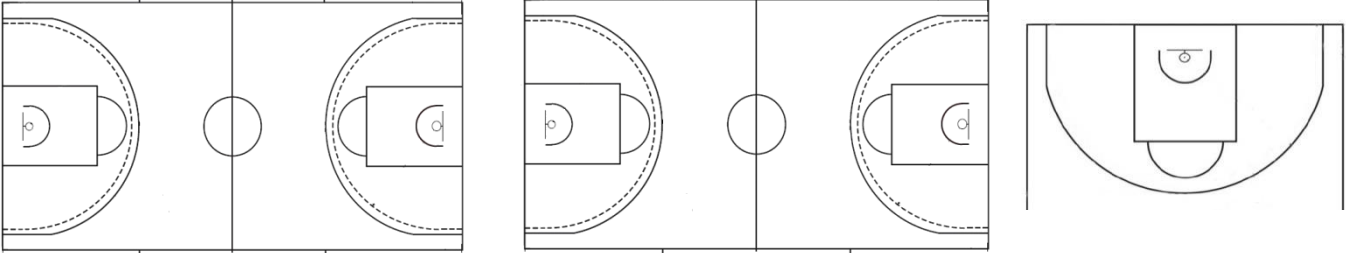
Séance du :	Commentaires :
Effectif :	

Echauffement :

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Déroulement


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Consignes techniques

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Situation 1 :

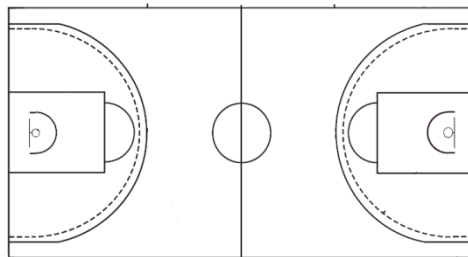
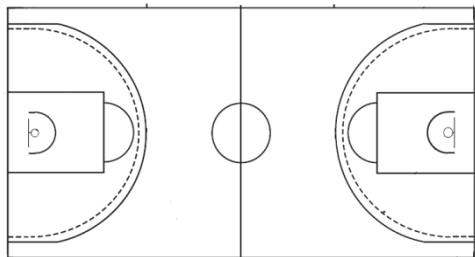
Déroulement	Evolution
	
Consignes techniques	Consignes techniques



Situation 2 :

Déroulement

Evolution



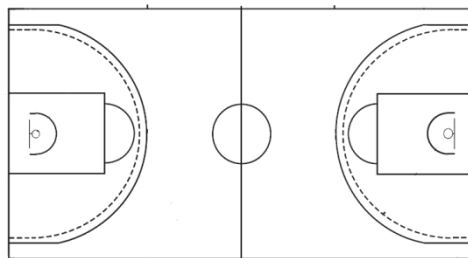
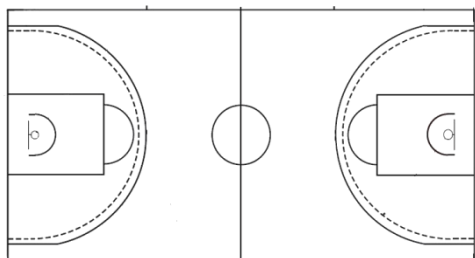
Consignes techniques

Consignes techniques

Situation 3 :

Déroulement

Evolution



Consignes techniques

Consignes techniques

